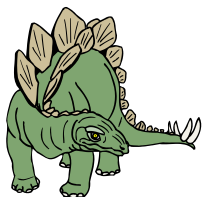


Whats happening at Stretch-n-Grow Mar 2013



Every month we have two themes:

Dynamic Dinosaurs



Our warm up story is all about a pterodactyl who had to exercise his wings and legs to make him strong enough to fly

Ask your star what muscle they learnt today !

After our story, we are **READY for EXERCISE HURRAY! HURRAY**

Happy Heart Songs

During our fun songs we are:
Lunging like T Rex
Jumping sideways like a Raptor
Walking & flying like a Pterodactyl
Eating the grasses like a triceratops
Remember our crocodiles!

Activities & games

Building on our Obstacle work before Christmas, now we are making them harder Whoppee!
Throwing to a target
Beginning to work with a partner

We talked about: **Whats inside my body & My Heart**

AISTEAR THEME: Exploring & Thinking
Working the obstacles out for myself

St Patricks / Easter

Two great stories, we are helping sean to make Irish Stew, picking all the veg from the garden. In the garden we, discover a leprechaun who needs our help

For easter, our story is about Peter rabbit and his brothers and all their fav. foods

After our story, we are **READY for EXERCISE HURRAY! HURRAY**

Happy Heart Songs

We are Marching to the St Patricks day parade, where we see boxers, cyclists and lots of Dancers

At easter we are hopping like Easter bunnies & running upstairs & downstairs having an Easter Egg hunt

Activities & games

Practising Balancing eggs on Spoons, Cracking them and putting them back together
Or
Lots of fun partner work with our inflatable Easter Eggs

We talked about: **My Brain & My Bones**

AISTEAR THEME: Wellbeing
Making good food choices